| 20 | 21 | 22 | 23 | 24 |
| :---: | :---: | :---: | :---: | :---: |
| Take a long bath or shower and use your favorite shampoo. | Discuss a time you were mad this week. What could you do different next time? | Organize a closet and make a bag of items to donate to others. | Make a card for someone in your family. Give 2 compliments. | Ask a parent what extra chore you could do that would help them today. |

