



Forum provincial en **santé mentale** Provincial **Mental Health** Forum

Université de Moncton - Moncton, NB
Jeanne-de-Valois Building
October 28, 29 & 30, 2015

Wednesday, October 28, 2015

4 pm – 6 pm Registration

6 pm **Official opening: Outlook on Mental Health**
- First Nations Ceremony, Glenda Wysote-Labillois
- Albert Cyr, Chair, Forum 2015
- Representative, Department of Health

Reflections on the Mental Wellness of First Nations
The Honourable Graydon Nicholas, former Lieutenant-Governor of
New Brunswick

7 :30 pm **The State of Mental Health and Addictions Through the Eyes of New Brunswickers**
Michelina Mancuso, Executive Director of Performance Measurement,
New Brunswick Health Council

8 pm **Status Report on New Brunswick's Mental Health Strategic Plan**
Gisèle Maillet, Executive Director, Addiction and Mental Health Services

8 :30 pm **Networking Reception**

Thursday, October 29, 2015

7 am – 8 am **Continental Breakfast**

8 am **Opening Remarks**
Albert Cyr, Chair, Forum 2015

8 :05 am **Theme I Panel discussion**
Demystifying Mental Health and Mental Illness

Suicide in 2015: from Prevention to Assisted Suicide,
Dr Patrick Marcotte

Autonomy and social participation of persons presenting with mental disorders,
Pierre-Paul Lachapelle

Overview of the First Nation Mental Wellness Continuum Framework,
Brenda Restoule

Mental Fitness and New Brunswick's Wellness Strategy,
Sylvia Reentovich



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9 am

Theme I Concurrent Workshops

Demystifying Mental Health and Mental Illness

- 1.** - Suicide in 2015: from Prevention to Assisted Suicide (B)
Dr Patrick Marcotte
- 2.** - L'autonomie et la participation sociale des personnes présentant des troubles mentaux (F) Pierre-Paul Lachapelle
- 3.** - Overview of the First Nation Mental Wellness Continuum Framework (E)
Brenda Restoule
- 4.** - Mental Fitness and New Brunswick's Wellness Strategy (E)
Sylvia Reentovich
- 5.** - La résilience : comment la faire grandir chez-soi et chez les autres (F)
Suzanne Harrison et Lucie Anne Landry
- 6.** - Programme d'amélioration de la gestion du stress en milieu clinique (F)
Nathalie Boivin & Diane Morin
- 7.** - A Holistic Approach to Mental Health (E)
Charlotte Leblanc
- 8.** - Rêver grand à petits pas - inclusion, résilience, autonomisation (F)
Diane Cormier
- 9.** - L'apprentissage socio-émotionnel en milieu scolaire (F)
Liette Mainville
- 10.** - Entendeurs de voix (F)
Sandrine Rousseau
- 11.** Mon cheminement vers le rétablissement (F)
Jean-Paul Ouellet

9 :45 am

Health and Networking Break

10 :15 am

Theme II Panel discussion

Legal Framework

New Brunswick's Mental Health Legal Framework,
Nicholas Léger-Riopel & Hilary Young

Parental and Familial Rights,
Albert Cyr

Efforts of the Child and Youth Advocate,
Christian Whalen

Why We Need a New Ethics of Care in Mental Health
Clive Baldwin



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11 :15 am

Theme II Concurrent Workshops

Legal Framework

1. Legal Framework: Case Access, Consent, Normative Context, the Role of Directives, Ethical Duties (B)
Nicholas Léger-Riopel

2. Capacity of the Mentally Ill to Consent to Medical Treatment: Balancing Patient Autonomy and Effective Treatment (E)
Hilary Young

3. - Droits des parents et des familles (F)
Albert Cyr

4. - Efforts of the Child and Youth Advocate (E)
Christian Whalen

5. - La participation familiale dans le service de traitement des dépendances (F)
Françoise Godin & Sylvie Robinson

6. - Community Treatment Orders (E)
Dr Nachiketa Sinha

7. - Why We Need a New Ethics of Care in Mental Health (E)
Clive Baldwin

Noon

Lunch

1 :15 pm

Theme III Panel discussion

Cultural Issues

Mental Health in French; a Pan Canadian Perspective,
Isabelle Morin

Improving Mental Health Services for Newcomers and Refugees Affected by Traumatic Events,
Phylomène Zangio

First Nations Culture as Intervention to Promote Wellness,
Carol Hopkins

What the New Brunswick Health Council has Learned with Respect to Cultural Challenges in NB,
Michelina Mancuso

2 :15 pm

Theme III Concurrent Workshops

Cultural Issues

1. - First Nations Culture as Intervention to Promote Wellness (B)
Carol Hopkins



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2. - La santé mentale en français d'un océan à l'autre (F)
Isabelle Morin

3. - Comment améliorer les services en santé mentale pour les immigrants et réfugiés touchés par les événements traumatiques (F)
Phylomène Zangio, Cyprien Okana, Dr. Mémoire Mpongo

4. - The Legacy of Indian Residential Schools (E)
Carolyn Milliea

5. - Vers de meilleurs services en français dans la capitale (F)
Xavier Lord-Giroux, Lôdvi Bongers

6. - What the New Brunswick Health Council has Learned with Respect to Cultural Challenges in NB (E)
Michelina Mancuso

3 pm **Health and Networking Break**

3 :30 pm **Theme IV Panel discussion**
At Risk Populations and Stigmatization

When neither Physical Health nor Mental Health are Well: Which Psychotherapeutic Approaches Can Best Help Men Recover?
Jalila Jbilou

Mental Health Toolbox for Mothers,
Dre. Joanne MacDonald

A Mental Health and Addiction Plan for First Nations in Atlantic Region,
Janet Rhymes

Community Action to Counter Stigmatization,
Laurence Caron

4 :30 pm **Theme IV Concurrent Workshops**
At Risk Populations and Stigmatization

1. - Healthy Campus Communities: a Systemic Framework (B)
Meridith Henry

2. - Quand ni la santé physique, ni la santé mentale ne vont bien : Quelles approches psychothérapeutiques peuvent aider les hommes à mieux se rétablir?
(F) Jalila Jbilou, Sarah Pakzad, Mélanie Paulin

3. - Trousse d'outils pour la santé mentale des mères (F)
Myriam Larochelle, Mélissa Cyr

4. - Mental Health and Addiction Plan for First Nations in the Atlantic Region (E)
Janet Rhymes, R. Sapier, Claudia Simons



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5. - Interventions communautaires pour contrer la stigmatisation (F)
Laurence Caron

6. - P.E.E.R.126 - Peers Engaged in Education and Recovery (E)
Patti Darling, Angela Pugh, Mandi Thomas

7. - La trajectoire de la maladie lors d'une dépression : l'utilité de l'étude de cas
(F) Dr Anne Charron

8. - Impact of a Housing First Intervention on Homeless Veterans with Mental Illness
(E) Jimmy Bourque

9. - Social Exclusion, Peer Support and Mental Health: The Basis for a Community-based Safe Space for Mi'kmaq Youth (E)
Dr Anne Beaton

10. - Addressing the Knowledge Gap in Supporting People with an Intellectual Disability who Have a Co-occurring Mental Health Condition (E)
Ken Pike

11.- Guide en santé mentale afin de travailler à la déstigmatisation des troubles mentaux (F)
Sabrina Jouniaux Romano

12. - Supporting Individuals through Emerging Adulthood: Using PEER 126 as a Case Exemple (E)
Dr. Anne-Marie Creamer

5:15 pm **Free Time**

7 pm **Conference:** Criminal Responsibility and Mental Incapacity
Dr Louis Thériault

7 :45 pm **Social Evening**
Un Phare dans la nuit
**Please note that tickets for the show are sold seperately at a cost of \$15.00.
Tickets will be available at the registration desk as well as at the door. Cash payment only..*

Friday, October 30, 2015

7 am – 8 am **Continental Breakfast**

8 am **Theme V Panel discussion**
Teams and Intervention Models
Culturally Competent & Safe Services for Aboriginal People,
Barb Martin

Rehabilitation and FACT services (Flexible, Assertive Community Treatment)
Jean-Paul Arsenault



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Accessing Children and Youth Services, Integrated Service Delivery (ISD)
Nadine Gallien

Community Mobilization in Youth Mental Health, Network of Excellence
Yvette Doiron, Maureen Bilerman, Cindy Miles

9 am

Theme V Concurrent Workshops **Teams and Intervention Models**

1. - Community Mobilization in Youth Mental Health, Network of Excellence (B)
Yvette Doiron, Maureen Bilerman, Cyndy Miles

2. - Culturally Competent & Safe Services for Aboriginal People (E)
Barb Martin

3. - Rehabilitation and FACT services (Flexible, Assertive Community Treatment) (E)
Jean-Paul Arsenault, Kathleen Buchanan

4. - Accès aux services enfants / adolescents, Prestation de services intégrés (PSI)
(F) Nadine Gallien, André Gionet

5. - The Blended Approach: Traditional Practises and Western Therapy (E)
Glenda Wysote-Labilliois

6. - Can't Stop Us Now!: A Journey of the Recovery Warriors from Moncton
(E)Petrea Taylor

7. - Le rétablissement au cœur de nos services (F)
Anne Robichaud, (Comité de l'Espoir, Ensemble vers le changement)

8. - Cuisine éducative communautaire, un partenariat vers le rétablissement (F)
Annie Robichaud, Annette Landry-Garrett, Chanel Losier, Exilda Roy

9.- Rétablissement en santé mentale: présentation d'une approche intégrative (F)
Dr Patrick Marcotte

10. - Integrated Service Delivery for Children & Youth in New Brunswick (E)
Bob Eckstein, Annette Harland

11.-Human/Horse Relationships as Mental Health Intervention (B)
Louise Violette-Beaulieu

12.- L'intervention par les pairs aidants (F)
Sandrine Rousseau, Guylaine Cloutier

13.- Cyberviolence Against Young Women (E)
Martine Paquet, Julia Phillips

14.- Le Rétablissement (F)
Marie Gagné



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- 9 :45 am** **Health and Networking Break**
- 10 :45 am** **Plenary Session**
Workshop Reports and Recommendations
- 11 :45 am** **Closing Remarks**
Albert Cyr, Chair, Forum 2015

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